

# Body Recall, Inc.

Box 412 • Berea, Kentucky 40403

BODY RECALL LEADERSHIP TRAINING SESSIONS WILL BE HELD AS FOLLOWS:

## 2010

### WINTER

February 21 – 26, 2010

### SPRING

April 18 – 23, 2010

### SUMMER

June 6 – 11, 2010

\*June 27 – July 2, 2010 (Conway, AR)

### FALL

September 12 – 17, 2010

\*October 10 – 15, 2010 (Fayetteville, GA)

November 7 – 12, 2010

\*\*\*\*\*

The workshop fee covers the cost of 5 nights and 5 days in Berea, including lodging, and morning and noon meals. Prepare for 5 days of class work and evening study. There will be a short orientation on Sunday evening.

### Training will include:

- Participation in the Berea-based adult laboratory class
- Training in Body Recall movement and philosophy
- Study of resource materials and visual aids
- Study of sociological and psychological adaptation of adults to exercise and current trends in adult exercise
- Practice teaching, program planning and implementation

### Training Fee:

- \$900.00 – **When making application, please send a nonrefundable deposit of \$100.00 to Body Recall, Inc. A payment of \$800.00 to Body Recall, Inc. will complete registration. There is a \$50.00 annual Alliance Membership fee for each certified teacher. First year Alliance Membership is included in above teacher training price.**
- \$150.00 additional fee for single occupancy for the week.
- \$40.00 additional cost for round trip shuttle service from/to Lexington, KY airport

\*Fees may vary for regional trainings. Contact headquarters for further information.

**\*\*\*Deadline for application and deposit no later than two weeks in advance\*\*\***

If the deadline has passed, please contact this office to see whether there are still openings. Thank you!

CPR Certification:

Trainees must have CPR certification in order to meet the requirements for Body Recall teacher certification. Contact your local Red Cross or a hospital that provides this certification. You may complete the training without a current CPR card. We will formalize your certification once we receive documentation of CPR certification.

Travel Arrangements:

When traveling by plane, please schedule your flight to arrive in Lexington, KY before 5:00 p.m. EST on Sunday and your return flight to leave Lexington after no earlier than 7:00 p.m. EST on Friday. If you prefer to depart on Saturday, please schedule a flight that leaves after 10:00 a.m. (additional motel charge). If you would like to arrive early or leave later, please let us know so that we can accommodate your plans. When your flight plans are complete, please contact this office to schedule.

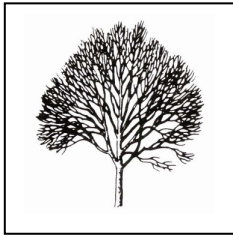
Feel free to contact the Body Recall office if you have questions or need more information.

Contact information:

Body Recall, Inc.  
P.O. Box 412  
Berea, Kentucky 40403  
Phone: 859-986-2181  
Fax: 859-986-7580  
Email: [info@bodyrecall.org](mailto:info@bodyrecall.org)  
Website: [www.bodyrecall.org](http://www.bodyrecall.org)

**\*\*\*Deadline for application and deposit no later than two weeks in advance\*\*\***

If the deadline has passed, please contact this office to see whether there are still openings. Thank you!



# BODY RECALL

Box 412 • Berea, Kentucky 40403

Application received \_\_\_\_\_

Deposit received \_\_\_\_\_

Full registration fee \_\_\_\_\_

## APPLICATION FOR BODY RECALL TEACHER TRAINING 2010

Berea, Kentucky

*Check preference and indicate second choice of training dates.*

**\*Applications must be received 1 month prior to training dates selected\***

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NAME \_\_\_\_\_ Daytime Phone # \_\_\_\_\_

Mailing Address \_\_\_\_\_ Evening Phone # \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Email \_\_\_\_\_ M \_\_\_\_\_ F \_\_\_\_\_

Are you attending school now? \_\_\_\_\_ Degree last earned \_\_\_\_\_  
(Current students need to be in contact with our office before making application.)

Major course of study in college: \_\_\_\_\_ Occupation \_\_\_\_\_

Are you now working with an adult population? \_\_\_\_\_ In what capacity? \_\_\_\_\_

In what setting will you establish your Body Recall class? \_\_\_\_\_

Double or single occupancy\* \_\_\_\_\_ Roommate \_\_\_\_\_

Date of arrival \_\_\_\_\_ Approximate time \_\_\_\_\_

Traveling by car \_\_\_\_\_ bus \_\_\_\_\_ air \_\_\_\_\_ ?

Need for shuttle service from Lexington Airport (\$40.00 round trip)? \_\_\_\_\_

Arrival Time \_\_\_\_\_ Airline and Flight # \_\_\_\_\_

Departure Time \_\_\_\_\_ Airline and Flight # \_\_\_\_\_

**Workshop fee for 5 nights and 5 days is based on double-occupancy unless you indicate otherwise. (Single-occupancy carries an additional charge of \$150.00 per week.) A non-refundable deposit of \$100.00 must accompany this application. The balance (\$800.00) will be due on or before registration. We reserve the right to cancel any training due to low enrollment. In such a case your full deposit will be refunded.**

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